

SASKATCHEWAN EXPRESS SASKATOON

REQUIRED ATTIRE and HAIR LIST 2024-2025

CLOTHING

NOTE: We are listing basic styles for dancers.

The styles listed for bodysuits are just suggestions, *any style is acceptable*. Preference for skirts for All Levels – please do not have it attached to the bodysuit, instead, buy a separate skirt that is removable and sheer.

FEMALE IDENTIFYING: *All levels of Tap and Jazz* students are encouraged to buy **Black** bodysuits if planning on doing an exam with light tan beige tights. Older dancers may be required to purchase black tights with black jazz shoes.

All levels of Ballet/Pointe are encouraged to buy **Ink Blue, Navy** preferably with no visible bra straps and Salmon tights.

MALE IDENTIFYING: *All levels and genres* are encouraged to wear a white t-shirt and black shorts or tighter fitting dance leggings/pants and mid-calf black socks.

We encourage older dancers to please invest in a dance belt.

NON-BINARY: Tighter fitting type of dance clothing as per listed in each genre.

HAIR: The preferred style is a ballet bun (pancake bun). Hair in a ponytail, with loose hair pinned off of the face is acceptable except for ballet. Braided hair is not recommended when doing any turning.

EXAM BODYSUIT SUGGESTIONS:

Mondor Sleeveless Pinch Leotard 1633 (52 Black, 03 True Navy)



Mondor Adjustable Pinch Front Leotard 13520 (52 Black, 90 Ink Blue)



Mondor Empire Waist Leotard 3523 (52 Black, 90 Ink Blue)



EXAM T-SHIRT, LEGGINGS/PANTS, BODYSUITS, SHORTS, AND TIGHTS OPTIONS



BALLET

ALL LEVELS OF BALLET/BALLET TECHNIQUE/RECREATIONAL/ADULT: Hair in a secure ballet pancake bun made with hair pins and a hair net. Messy buns held with an elastic or scrunchies are not acceptable. Short hair securely pinned back and off of the face. Students are responsible for their own supplies. SES has supplies for emergency use only

Sheer Skirts are optional.

Female Identifying:

Mondor Child Empire Waist Leotard- 3523C
Mondor Adult Empire Waist Leotard- 3523
Capezio Princess Cami Leotard- CC101
Mondor Child Sleeveless Pinch Lycra Leotard- 3546C
Mondor Child Sleeveless Pinch Leotard- 1633C
Mondor Child Adj. Pinch Front Leo- 13520C
Capezio Cami Sweetheart Leo with BraTek- MC802W
Capezio Camisole Leotard w/ BraTek- MC110
Capezio Cotton Leotard w/ Bratek- CC110
Mondor Adult Sleeveless Pinch Lycra Leotard- 3546
Mondor Adult Sleeveless Pinch Leotard- 1633
Mirella Printed Mesh Wrap Skirt-MS157
Capezio Georgette Wrap Skirt- N272

All levels will wear Salmon tights.

Mondor Performance Convertible Adult Tights- 314
Mondor Performance Footed Adult Tights- 310
Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footed Child Tights- 310C

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Black or White socks

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt & tights/ socks

JAZZ/ENRICHMENT

NOVICE FOUNDATIONS/HE DANCES TOO

ALL LEVELS OF JAZZ/SYLLABUS CLASS/RECREATIONAL JAZZ/ADULT/NOVICE FOUNDATIONS/HE DANCES TOO/ENRICHMENT: Hair in a ponytail or bun, short hair securely pinned back and off of the face. Braided hair is not recommended when doing any type of turning.

Jazz Shorts are optional.

Female Identifying:

Mondor Child Empire Waist Leotard- 3523C
Mondor Adult Empire Waist Leotard- 3523
Capezio Princess Cami Leotard- CC101
Mondor Child Sleeveless Pinch Lycra Leotard- 3546C
Mondor Child Sleeveless Pinch Leotard- 1633C
Mondor Child Adj. Pinch Front Leo- 13520C
Capezio Cami Sweetheart Leo with BraTek- MC802W
Capezio Camisole Leotard w/ BraTek- MC110
Capezio Cotton Leotard w/ Bratek- CC110
Mondor Adult Sleeveless Pinch Lycra Leotard- 3546
Mondor Adult Sleeveless Pinch Leotard- 1633

Mondor Adult Matrix Wide Waistband Short- 3533
Capezio Adult High Waisted Short- TB131

Tights are to be Light Tan

Mondor Performance Convertible Adult Tights- 314
Mondor Performance Footed Adult Tights- 310
Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footed Child Tights- 310C

NOTE: Enrichment will need access to bare feet.

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Black or white socks

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt & tights/socks

TAP

ALL LEVELS OF TAP/SYLLABUS CLASS/RECREATIONAL TAP/ADULT: Hair in a ponytail, short hair securely pinned back and off of the face. Braided hair is not recommended when performing any type of turning.

Jazz shorts or skirt is optional.

Female Identifying:

Mondor Child Empire Waist Leotard- 3523C
Mondor Adult Empire Waist Leotard- 3523
Capezio Princess Cami Leotard- CC101
Mondor Child Sleeveless Pinch Lycra Leotard- 3546C
Mondor Child Sleeveless Pinch Leotard- 1633C
Mondor Child Adj. Pinch Front Leo- 13520C
Capezio Cami Sweetheart Leo with BraTek- MC802W
Capezio Camisole Leotard w/ BraTek- MC110
Capezio Cotton Leotard w/ Bratek- CC110
Mondor Adult Sleeveless Pinch Lycra Leotard- 3546
Mondor Adult Sleeveless Pinch Leotard- 1633

Mondor Adult Matrix Wide Waistband Short- 3533
Capezio Adult High Waisted Short- TB131
Mirella Printed Mesh Wrap Skirt-MS157
Capezio Georgette Wrap Skirt- N272

Tights are to be Light Tan

Mondor Performance Convertible Adult Tights- 314
Mondor Performance Footed Adult Tights- 310
Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footed Child Tights- 310C
NOTE: Enrichment will need to be able to access bare feet

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Black or white socks

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt & tights/socks

ACRO

PRESCHOOL ACRODANCE: Hair in a ponytail, short hair securely pinned back and off of the face. Braided hair is not recommended when doing any turning. Long hair in a ponytail may get in the way when trying tumbling that requires being on the hands, so a bun is recommended. Need access to bare feet.

Female Identifying:

Capezio Child Short Sleeve Leotard- CC400C
Mondor Short Sleeve Leotard- 1635C
Mondor Essentials Child Long Sleeve Leo- 40097C
Capezio Long-Sleeve Leotard- CC450C

Tights are to be Light Tan

Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footless Child Tights- 312C
Mondor Performance Convertible Adult Tights- 314
Mondor Performance Footless Adult Tights- 312

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt

RECREATIONAL AND COMPETATIVE: Hair in a ponytail, short hair securely pinned back and off of the face. Braided hair is not recommended when doing any turning. Long hair in a ponytail may get in the way when trying tumbling that requires being on the hands, so a bun is recommended. Need access to bare feet.

Female Identifying:

Mondor Child Empire Waist Leotard- 3523C
Mondor Adult Empire Waist Leotard- 3523
Capezio Princess Cami Leotard- CC101
Mondor Child Sleeveless Pinch Lycra Leotard- 3546C
Mondor Child Sleeveless Pinch Leotard- 1633C
Mondor Child Adj. Pinch Front Leo- 13520C
Capezio Cami Sweetheart Leo with BraTek- MC802W
Capezio Camisole Leotard w/ BraTek- MC110
Capezio Cotton Leotard w/ Bratek- CC110
Mondor Adult Sleeveless Pinch Lycra Leotard- 3546
Mondor Adult Sleeveless Pinch Leotard- 1633

Tights are to be Light Tan

Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footless Child Tights- 312C
Mondor Performance Convertible Adult Tights- 314
Mondor Performance Footless Adult Tights- 312

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt

HIP HOP

HIP HOP: Hair in a ponytail, short hair securely pinned back and off of the face

Male & Female Identifying & Non-Binary:

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – **no jeans.**

CONTEMPORARY/LYRICAL

CONTEMPORARY/LYRICAL: Hair in a ponytail, short hair securely pinned back and off of the face. Braided hair is not recommended when doing any turning.

Access to bare feet is necessary for Contemporary

Jazz shorts or skirt is optional.

Female Identifying:

Mondor Child Empire Waist Leotard- 3523C
Mondor Adult Empire Waist Leotard- 3523
Capezio Princess Cami Leotard- CC101
Mondor Child Sleeveless Pinch Lycra Leotard- 3546C
Mondor Child Sleeveless Pinch Leotard- 1633C
Mondor Child Adj. Pinch Front Leo- 13520C
Capezio Cami Sweetheart Leo with BraTek- MC802W
Capezio Camisole Leotard w/ BraTek- MC110
Capezio Cotton Leotard w/ Bratek- CC110
Mondor Adult Sleeveless Pinch Lycra Leotard- 3546
Mondor Adult Sleeveless Pinch Leotard- 1633

Mondor Adult Matrix Wide Waistband Short- 3533
Capezio Adult High Waisted Short- TB131
Mirella Printed Mesh Wrap Skirt-MS157
Capezio Georgette Wrap Skirt- N272

Tights are to be Light Tan

Mondor Performance Convertible Adult Tights- 314
Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footless Adult Tights- 312
Mondor Ultra Soft Capri Adult Tights- 317
Mondor Performance Footless Child Tights- 312C

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Black or white socks

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt & tights/ socks

SPARK PRESCHOOL/CREATIVE TOTS & KIDS

COME DANCE WITH ME

SPARK PRESCHOOL:

Male & Female Identifying & Non-Binary:

Comfortable loose fitting clothing

CREATIVE TOTS & KIDS: Hair in a ponytail, short hair securely pinned back and off of the face

Female Identifying:

Capezio Child Short Sleeve Leotard- CC400C
Mondor Short Sleeve Leotard- 1635C
Mondor Essentials Child Long Sleeve Leo- 40097C
Capezio Long-Sleeve Leotard- CC450C

Tights are to be Ballet Pink or Light Tan

Mondor Performance Convertible Adult Tights- 314
Mondor Performance Footed Adult Tights- 310
Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footed Child Tights- 310C

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Black or white socks

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt & tights/socks

COME DANCE WITH ME: Hair in a ponytail, short hair securely pinned back and off of the face

Female Identifying:

Capezio Child Short Sleeve Leotard- CC400C
Mondor Short Sleeve Leotard- 1635C
Mondor Essentials Child Long Sleeve Leo- 40097C
Capezio Long-Sleeve Leotard- CC450C

Tights are to be Ballet Pink or Light Tan

Mondor Performance Convertible Adult Tights- 314
Mondor Performance Footed Adult Tights- 310
Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footed Child Tights- 310C

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Black or white socks

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt & tights/socks

Guardian:

Comfortable loose fitting clothing – no jeans. If wearing a skirt or dress, please wear shorts or leggings underneath

DRAMA & VOCAL

IMP-ACT:

Male & Female Identifying & Non-Binary:

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

IMPROV CLUB:

Male & Female Identifying & Non-Binary:

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

TICKLE TRUNK CREATIONS:

Male & Female Identifying & Non-Binary:

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

STORYTIME JAM:

Male & Female Identifying & Non-Binary:

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

ACT-IVATE:

Male & Female Identifying & Non-Binary:

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

COLLABORATIVE CREATIONS:

Male & Female Identifying & Non-Binary:

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

VOCAL VARIATIONS:

Male & Female Identifying & Non-Binary:

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

MUSICAL THEATRE

ALL MUSICAL THEATRE INCLUDING MINIS AND EXPRESSIONS (PERFORMANCE GROUP): Hair in a ponytail, short hair securely pinned back and off of the face. Braided hair is not recommended when doing turning.

Jazz shorts or skirt is optional.

Female Identifying:

Mondor Child Empire Waist Leotard- 3523C
Mondor Adult Empire Waist Leotard- 3523
Capezio Princess Cami Leotard- CC101
Mondor Child Sleeveless Pinch Lycra Leotard- 3546C
Mondor Child Sleeveless Pinch Leotard- 1633C
Mondor Child Adj. Pinch Front Leo- 13520C
Capezio Cami Sweetheart Leo with BraTek- MC802W
Capezio Camisole Leotard w/ BraTek- MC110
Capezio Cotton Leotard w/ Bratek- CC110
Mondor Adult Sleeveless Pinch Lycra Leotard- 3546
Mondor Adult Sleeveless Pinch Leotard- 1633

Mondor Adult Matrix Wide Waistband Short- 3533
Capezio Adult High Waisted Short- TB131
Mirella Printed Mesh Wrap Skirt-MS157
Capezio Georgette Wrap Skirt- N272

Tights are to be Light Tan

Mondor Performance Convertible Adult Tights- 314
Mondor Performance Footed Adult Tights- 310
Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footed Child Tights- 310C

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Black or white socks

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt & tights/socks

BROADWAY BOUND: Hair in a ponytail, short hair securely pinned back and off of the face. Braided hair is not recommended when doing turning.

Jazz shorts or skirt is optional.

Female Identifying:

Mondor Child Empire Waist Leotard- 3523C
Mondor Adult Empire Waist Leotard- 3523
Capezio Princess Cami Leotard- CC101
Mondor Child Sleeveless Pinch Lycra Leotard- 3546C
Mondor Child Sleeveless Pinch Leotard- 1633C
Mondor Child Adj. Pinch Front Leo- 13520C
Capezio Cami Sweetheart Leo with BraTek- MC802W
Capezio Camisole Leotard w/ BraTek- MC110
Capezio Cotton Leotard w/ Bratek- CC110
Mondor Adult Sleeveless Pinch Lycra Leotard- 3546
Mondor Adult Sleeveless Pinch Leotard- 1633

Tights are to be Light Tan

Mondor Performance Convertible Adult Tights- 314
Mondor Performance Footed Adult Tights- 310
Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footed Child Tights- 310C

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Black or white socks

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt & socks

BROADWAY NOW: Hair in a ponytail, short hair securely pinned back and off of the face. Braided hair is not recommended when doing turning. *Jazz* shorts or skirt is optional.

Female Identifying:

Mondor Child Empire Waist Leotard- 3523C
Mondor Adult Empire Waist Leotard- 3523
Capezio Princess Cami Leotard- CC101
Mondor Child Sleeveless Pinch Lycra Leotard- 3546C
Mondor Child Sleeveless Pinch Leotard- 1633C
Mondor Child Adj. Pinch Front Leo- 13520C

Capezio Cami Sweetheart Leo with BraTek- MC802W
Capezio Camisole Leotard w/ BraTek- MC110
Capezio Cotton Leotard w/ Bratek- CC110
Mondor Adult Sleeveless Pinch Lycra Leotard- 3546
Mondor Adult Sleeveless Pinch Leotard- 1633

Tights are to be Light Tan

Mondor Performance Convertible Adult Tights- 314
Mondor Performance Footed Adult Tights- 310
Mondor Performance Convertible Child Tights- 314C
Mondor Performance Footed Child Tights- 310C

Male Identifying:

Body Wrappers Mens Jazz Pant- M191
Body Wrappers Boys Jazz Pant- B191

Mondor Men's Matrix Short- 3537
Sansha Spencer Boys Short- Y0651C
Body Wrappers Boys Short- B192

Mondor Men's Legging- 3538
Sansha Black Boys Legging- Y0351C

Sansha Men's White T-Shirt- H3051C
Sansha Boys T-Shirt- Y3051C
Body Wrappers Boys Short Sleeve Fitted Shirt- B190

Black or white socks

Non-Binary:

Bodysuit & tights, dance shorts and t-shirt & socks

JUNGLE RHYTHMS:**Male & Female Identifying & Non-Binary:**

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

WILLY WONKA JR:**Male & Female Identifying & Non-Binary:**

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

ANASTASIA YOUTH EDITION:**Male & Female Identifying & Non-Binary:**

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

MICKEY'S MAGICAL DANCE PARTY:**Male & Female Identifying & Non-Binary:**

Comfortable loose fitting clothing such as leggings, sweat pants, t-shirts etc. – no jeans. Hair up in a ponytail and pinned off of face

ADULT CABARET: Hair in a ponytail, short hair securely pinned back and off of the face. Braided hair is not recommended when doing turning.

Male & Female Identifying & Non-Binary:

Any type of comfortable clothing such as bodysuit and tights, jazz shorts, leggings, t-shirts etc. – no jeans