



Regina Studio Recital 2021

Inspiring New Beginnings



Message from our Studio Directors:

Welcome! We are so excited to officially welcome you to our 2021 studio recital, Inspiring New Beginnings!

We would first and foremost like to extend a massive thank you and congratulations to all of our dancers and studio families for an amazing season! It has been a year like no other and we were constantly overwhelmed by the resilience, creativity, and teamwork of the teachers, students, staff, and families. You each are such a valued and important part of the SaskExpress family, and you make it so easy for us to call the studio our second home. To all of our students, you are truly limitless. You are powerful and exceptional, and we can't wait to see what you will achieve. We now invite you to sit back, relax, and enjoy this year's show! Though it's not quite the same as hosting everyone in person, the moments of magic onstage have still captured our hearts and we can't wait for you to see them too.

With love,
Amy & Lisa

Message from our CEO:

Hello, and welcome to our 2020-2021 year-end recital.

This has obviously been a challenging year for everyone in the arts and we are no exception. However, I am truly amazed by the commitment of our studio directors, teachers, students, and families to power through and create meaningful art and thrive under these circumstances. Clearly, we wish we could be celebrating all together in the same room and cheering on our dancers in person, however, I feel fortunate that we are able to have something for you to cherish and view alongside your family; honouring the work our students and teachers put into this year. It always amazes me to see the resilience of young artists, and this year was one of the biggest tests of all. Whether it was learning over zoom, or social distance dancing, or following strict protocols, our dancers and staff took it all in stride and found a way to have fun and grow as artists in the meantime. My sincerest thanks to all the families for all of your support this year with all the changes and restrictions put in place. Everyone was very understanding and accommodating and for that I sincerely thank you. Thanks to the teachers and studio directors for maintaining the highest level of quality throughout this process. I am so proud of you all.

I also want to give a special thanks to Amy and Lisa for an amazing year together and for their commitment to SaskExpress. They are moving on to new endeavors but they will also forever be SaskExpress family members. Luckily Lisa will be staying around to teach and hopefully we can convince Amy to come and visit us when she is back. They have been so good for this organization and for the students. My sincerest gratitude goes out to the both of them.

There are many other exciting events we are offering throughout the year to come, so I encourage you to follow us on our website www.saskexpress.com and our social media channels as well. For those interested in the provincial touring group plans, we will be actually doing some LIVE SHOWS!! We are doing a small 8 show provincial parks tour at the end of August so stay tuned for more info on that. We will be filming the show as well in case you miss it live or want to see it again. We will be releasing that on our website at the end of the summer/ early September. We hope you will remain on this journey with us and continue to let us show you what we can do together. If this is what we can achieve under these circumstances, imagine what we can achieve when things start to go back to normal. Have a great day and enjoy the recital!

Danny Balkwill

SEASONS OF LOVE

Inter/Senior Vocal Technique and Senior Jazz

INSTRUCTOR: LEON WILLEY & KRISTA KONKIN, CHOREOGRAPHY: AMY FONG

Bailey Beauchesne, Emma Dermody, Genevieve Eger, Jocelyn Heroux, Markella Makris-Nagel, Olivia Martuo-McDonnell, Paraskevi Nagel, Matthew Schermann, Toren Senyonga, Maya Soifer, Ava Taylor, Agenais Jephtas-Crail, Samantha Hoeving, Jaiden Hoa

HAKUNA MATATA

Level 1 (A) Musical Theatre

INSTRUCTOR: JEN FONG, DEMONSTRATOR: MAYA SOIFER

Nikolas Day, Lennox McPherson, Phoenix McPherson, Charlotte Neuman-Hjorth, Frania Nseka, Harlow Roach, Aria Smith, Lilion Wright

TRUE LOVE'S KISS

Preliminary Ballet

INSTRUCTOR: MELISSA BANG, DEMONSTRATOR: HARLOW LALOUDAKIS, ASSISTANT: SHANNA JENSEN

Vienna Dietrich, Carly Ferguson-Knapp, Alyanah Gebhart, Brielle Haas, Viviana Montas Sare, Tatum Unser, Francis Walsten, Aztrid Zuck

SEUSSICAL

Minis & Expressions

DIRECTORS: JEN FONG & RYAN RAMSAY

Alexandra (Lexi) Bowen, Roisin Brennan, Grayson Hoa, Harlow Laloudakis, Charlotte Lorge, Ashlyn Martin, Olivia Martuo-McDonnell, Viviana Montas Sare, Toren Senyonga, Jiah Smith

OVER THE RAINBOW

Level 2 (A) Ballet/Tap - Ballet

INSTRUCTOR: EMMA PEERS

Ryann Genaille, Harper Kelly, Madison Krushlucki, Ella Rieger, Evelyn Rieger

YOU'RE THE ONE THAT I WANT

Beginner Musical Theatre

INSTRUCTOR: KELSEY HOWATT, ASSISTANT: AGENAIS JEPHTAS-CRAIL

Flavia Amule, Katherine Anonas, Emmy Carefoot, Ila Carefoot, Chloe Clark, Lantana Hauser, Emerson Hellquist, Ryland Kambeitz, Easton Lang, Ashlyn Martin, Dylan Moore

LIKE A QUEEN

Senior Jazz

INSTRUCTOR: AMY FONG

Jaiden Hoa, Samantha Hoeving, Agenais Jephtas-Crail

AWOO

Novice/Inter/Senior Acro

INSTRUCTOR: KAREY HARRIS, ASSISTANT: JESSICA McDONALD

Alanna Andrews, Alexandra (Lexi) Bowen, Jaiden Hoa, Harlow Laloudakis, Elizabeth Thomas

WHEN YOU WISH UPON A STAR

Level 1 (B) Ballet/Tap

INSTRUCTOR: JESSICA MCDONALD, ASSISTANT: AMY FONG, DEMONSTRATOR: SOPHIA BRADBURY-PARRELL
Jaedan Balkwill, Mary Maine Aguilar, Violet Buhler, Autumn Dietrich, Eliza Folarin, Sophia Kodellas, Kathleen Langley, Jahviera
Martinez-Ginzalezj, Emma Montas Bagchi, Kamryn Mwale, Emma Pollock

RAIN ON ME

Level 3 Jazz

INSTRUCTOR: SHELBY GLAZE
Charlotte Lorge, Claire Pokoyoway, Nahla Zarembo

HAWAIIAN ROLLER COASTER RIDE

Level 2 (A) Ballet/Tap - Tap

INSTRUCTOR: EMMA PEERS
Ryann Genaille, Harper Kelly, Madison Krushlucki, Ella Rieger, Evelyn Rieger

100 MILES AND RUNNIN'

Level 4 Hip Hop

INSTRUCTOR: SENYO AKAKPO
Kaydence Degelman, Paige Degelman, Emerson Hengstler, Teague Johnston, Kyri Vermette

HIGHER

Intermediate Jazz

INSTRUCTOR: LISA VINDEVOGHEL
Sophia Bradbury Parrell, Isabelle Lipoth, Olivia Martuo-McDonnell, Kalli Scherle, Matthew Schermann, Maya Soifer, Elizabeth
Thomas

A MAGICAL ESCAPE

Beginner Ballet

INSTRUCTOR: CELINA REMLINGER
Flavia Amule, Evelyn Andrews, Katherine Anonas, Aislynn Coulthard, Easton Lang, Ashlyn Martin

FREAK FLAG

Level 2 (A) Musical Theatre

INSTRUCTOR: JEN FONG, ASSISTANT: EMMA PEERS
Vienna Dietrich, Madilyn Dube, Adalyn Gould, Madison Krushlucki, Kaylie Moore, Jaycee Moryski, Penelope Rainville, Ella Rieger,
Evelyn Rieger, Ella Sahulka, Naomi Schuett, Rayna Schwartz, Ella Stefan, Sloan Woloshyn

THIS IS YOUR FIGHT SONG

Novice Ballet

INSTRUCTOR: MELISSA BANG
Alanna Andrews, Alexandra (Lexi) Bowen, Savion Brown, Meagan Buhler, Harlow Laloudakis, Toren Senyonga

KNIGHTS OF THE ROUND TABLE

Extra Musical Theatre

INSTRUCTOR: KELSEY HOWATT

Sydney Brule-Head, Emma Dermody, Jocelyn Heroux, Jaiden Hoa, Maya Soifer

START A RIOT

Level 3 Hip Hop

INSTRUCTOR: EMMA PEERS, ASSISTANT: ALORA JEPHTAS-CRAIL

Hailey Beale, Blaike Dodd, Addison Gagne, Alexis Gerencser, Blake Harding, Laila Hayden, Macy Kozan, Alice Lawrence, Ava Rossouw

TIME FOR TEA

Preliminary Tap

INSTRUCTOR: LISA VINDEVOGHEL

Vienna Dietrich, Carly Ferguson-Knapp, Alyanah Gebhart, Tatum Unser, Francis Walsten

KNOCK YOU OUT

Level 2 Boys Hip Hop

INSTRUCTOR: SENYO AKAKPO, ASSISTANT: EMMA PEERS, DEMONSTRATOR: TOREN SENYONGA

Jacob Coyle, Graydon Dujardin, Maddox McPherson, Kurt Muz, Gavin Rathgaber, Shea Rutledge, Roman Salgado

WE'RE ALL IN THIS TOGETHER

Level 2 (C) Ballet/Tap - Tap

INSTRUCTOR: MELISSA BANG

Brynlee Bethune, Shaelyn Martin, Scarlett Poole

THIS MUST BE

Senior Ballet

INSTRUCTOR: MERCEDEZ CARLSON

Silas Brown, Jaiden Hoa, Samantha Hoeving, Agenais Jephtas-Crail

WAYS TO BE WICKED

Level 2 (C) Musical Theatre

INSTRUCTOR: ALORA JEPHTAS-CRAIL, DEMONSTRATOR: ALEXANDRA (LEXI) BOWEN

Kyla Alexander, Jazmin Bao, Lydian Chobot, Isabelle Christie, Joyce Hsu, Parker Repski, Lucy Schenher, Amanda Sun, Veronica Teterusenko, Maisie Ward-Davis, Celeste Werner

FALLING

Level 4 Lyrical

INSTRUCTOR: SHELBY GLAZE

Madison Brentnell, Genevieve Eger, Olivia Martuo-McDonnell, Ava Taylor

YOU ARE MY SUNSHINE

Level 1 (A) Ballet/Tap

INSTRUCTOR: AMY FONG, ASSISTANT: JAIDEN HOA

Aksel Anderson-Marsh, Maisie Davalos, Mia Johnson, Malaya Keating, Madison Nadeau, Charlotte Neuman-Hjorth, Frania Nseka, Riley Wood, Lilion Wright

Level 2 (B) Hip Hop

INSTRUCTOR: ALORA JEPHTAS-CRAIL

Daniel Kurbala, Pepper Mantyak, Veronica Teteruscenko, Nyla Vermette, Sawyer Willey

MY HEART WILL GO ON

Beginner/Novice Vocal Technique

INSTRUCTORS: LEON WILLEY & KRISTA KONKIN, ASSISTANT: MATTHEW SCHERMANN

1st PERFORMANCE: Emalee Gillert, Lantana Hauser, Grayson Hoa, Charlotte Lorge, Viviana Montas Sare, Jiah Smith, Scarlett Suttill, Kierden Woloshyn, Nahla Zarembo

2nd PERFORMANCE: Alexandra (Lexi) Bowen, Roisin Brennan, Harlow Laloudakis, Ashlyn Martin

ANOTHER DAY OF SUN

Beginner Jazz

INSTRUCTOR: AMY FONG

Evelyn Andrews, Katherine Anonas, Aislynn Coulthard, Easton Lang, Ashlyn Martin

Join us at intermission for a round of
SaskExpress Trivia!

GERONIMO

University Tap & Faculty

INSTRUCTOR: LISA VINDEVOGHEL

Melissa Bang, Cambrie Gel, Jenna Ramsay, Jessica McDonald, Amy Fong, Ryan Ramsay, Emma Peers, Lisa Vindevoghel

BOM BOM

Novice Jazz

INSTRUCTOR: MERCEDEZ CARLSON

Alanna Andrews, Alexandra (Lexi) Bowen, Harlow Laloudakis, Toren Senyonga

UNDER THE SEA

Preliminary Musical Theatre

INSTRUCTOR: ALORA JEPHTAS-CRAIL, DEMONSTRATOR: SOPHIA BRADBURY-PARRELL

Naomi Oluwademilade ALABI, Carly Ferguson-Knapp, Alyanah Gebhart, Quinn Matz, Viviana Montas Sare, Hope Slogoski, Tatum Unser, Kobe - Rayn Vongkhamchanh

SINCE THE BEGINNING

Level 2 (B) Ballet/Tap - Ballet

INSTRUCTOR: AMY FONG, ASSISTANT: JESSICA MCDONALD

Adalia Andrews, Annika Tris Arcena, Jordyn Gagne, Aubrie Hockings, Amelia Kambeitz, Emma Mason, Everly Roach, Leora Thomas, Sawyer Willey

NOBODY BUT ME

Beginner Tap

INSTRUCTOR: LISA VINDEVOGHEL

Evelyn Andrews, Katherine Anonas, Aislynn Coulthard, Easton Lang, Ashlyn Martin

GOOD MORNING

Level 2 (A) Hip Hop

INSTRUCTOR: ALORA JEPHTAS-CRAIL, ASSISTANT: AGENAIS JEPHTAS-CRAIL

Vienna Dietrich, Madilyn Dube, Tori Garinger, Madison Krushlucki, Jaycee Moryski, Isabella Penna, Sophie Torrie, Sloan Woloshyn

DANCE MONKEY

Level 2/3 (B) Acro

INSTRUCTOR: JESSICA MCDONALD, ASSISTANT: ELIZABETH THOMAS

Elliot Beck, Adriel Camren, Carly Ferguson-Knapp, Aliya Heydar-zada, Hope Johnston, Tessa Johnston, Shaelyn Martin

EMPIRE

Extra Boys Hip Hop

INSTRUCTOR: SENYO AKAKPO

Miguel Arcena, Brody Biberdorf, Grayson Hoa, Toren Senyonga

MUNCHKIN SEQUENCE

Level 3 Musical Theatre

INSTRUCTOR: KELSEY HOWATT

Hailey Beale, Emerson Hengstler, Leah Holmes, Anabelle Jordan, Harper Kelly, Macy Kozan, Emmy MacDonald, Natalie Pelzer, Eve Reid, Ava Rossouw

READ ALL ABOUT IT

Intermediate Lyrical

INSTRUCTOR: MERCEDEZ CARLSON

Sophia Bradbury Parrell, Isabelle Lipoth, Kalli Scherle, Maya Soifer, Elizabeth Thomas

BRAND NEW YOU

Inter/Senior Musical Theatre

INSTRUCTORS: LEON WILLEY & KRISTA KONKIN

Bailey Beauchesne, Emma Dermody, Genevieve Eger, Jocelyn Heroux, Markella Makris-Nagel, Olivia Martuo-McDonnell, Paraskevi Nagel, Matthew Schermann, Toren Senyonga, Maya Soifer, Ava Taylor

SUPERCALIFRAGILISTICEXPIALIDOCIOUS

Level 2 (C) Ballet/Tap - Ballet

INSTRUCTOR: MELISSA BANG

Brynlee Bethune, Shaelyn Martin, Scarlett Poole

LOVE BUG

Preliminary Jazz

INSTRUCTOR: AMY FONG, DEMONSTRATOR: ALANNA ANDREWS

Vienna Dietrich, Carly Ferguson-Knapp, Alyanah Gebhart, Brielle Haas, Tatum Unser, Francis Walsten

LIFE'S A HAPPY SONG

Level 1 (B) Musical Theatre

INSTRUCTOR: AMY FONG, ASSISTANTS: OLIVIA MARTUO-MCDONNELL, AGENAIS JEPHTAS-CRAIL, DEMONSTRATOR: ISABELLE LIPOTH
Jaedan Balkwill, Rhea Cushion, Jenessa Exner, Charlotte Gettle, Theodora Kinnee, Sophia Kodellas, Jessica Lindenbach, Aubree
Medwid, Emma Montas Bagchi, Kamryn Mwale, Maliyah Santander, Juliet South, Kaycee Toms, Emeline Urzada

SUNNY

Novice/Inter Tap

INSTRUCTOR: RYAN RAMSAY

Alanna Andrews, Alexandra (Lexi) Bowen, Sophia Bradbury Parrell, Harlow Laloudakis, Elizabeth Thomas

NA NA NA

Level 2/3 (A) Acro

INSTRUCTOR: MERCEDEZ CARLSON, ASSISTANT: ELIZABETH THOMAS

Ariel Bates, Ayla Bates, Emmy Carefoot, Olive Golding, Harper Kelly, Pepper Mantyak, Makinlee McCrystal, Kate Needer, Arya Stinson

BOSS

Beginner/Novice Hip Hop

INSTRUCTOR: EMMA PEERS

Elena Alexson, Katherine Anonas, Miguel Inigo Arcena, Alyssa Askin, Brody Biberdorf, Ila Carefoot, Grayson Hoa, Charlotte Lorge,
Ashlyn Martin, Nylah Phonsavatdy, Kierden Woloshyn, Nahla Zaremba

SEPTEMBER

Level 2 (B) Ballet/Tap - Tap

INSTRUCTOR: AMY FONG, ASSISTANT: JESSICA MCDONALD

Adalia Andrews, Annika Tris Arcena, Jordyn Gagne, Aubrie Hockings, Amelia Kambeitz, Emma Mason, Everly Roach, Leora Thomas,
Sawyer Willey

NICEST KIDS IN TOWN

Novice Musical Theatre

INSTRUCTOR: RYAN RAMSAY

Emalee Gillert, Grayson Hoa, Charlotte Lorge, Jiah Smith, Scarlett Suttill, Kierden Woloshyn, Nahla Zaremba

MEMORIES

Level 4 Ballet

INSTRUCTOR: CELINA REMLINGER

Madison Brentnell, Genevieve Eger, Ava Taylor

CRYSTALIZE

Beginnner Acro

INSTRUCTOR: KAREY HARRIS, ASSISTANT: JESSICA MCDONALD

Evelyn Andrews, Katherine Anonas, Logan Beck, Emalee Gillert, Easton Lang, Ashlyn Martin, Charlie McLeod, Claire Pokoyoway

ANOTHER DREAM

Intermediate Ballet

INSTRUCTOR: CELINA REMLINGER

Sophia Bradbury Parrell, Isabelle Lipoth, Olivia Martuo-McDonnell, Kalli Scherle, Matthew Schermann, Maya Soifer, Elizabeth Thomas

PUMP IT

Level 2/3 Boys Hip Hop

INSTRUCTOR: SENYO

Liam Elliott, Becket Sims

WONDERS OF NOW

Senior Lyrical

INSTRUCTOR: MERCEDEZ CARLSON

Jaiden Hoa, Samantha Hoeving, Agenais Jephtas-Crail

HAWAIIAN ROLLER COASTER RIDE

Level 2 (B) Musical Theatre

INSTRUCTOR: RYAN RAMSAY, ASSISTANT: JESSICA MCDONALD, DEMONSTRATOR: SOPHIA BRADBURY-PARRELL

Annika Tris Arcena, Hannah Brisebois, Charlotte Brodt, Benjamin Cote, Emmarie Fleury, Molly Poole, Scarlett Poole, Tyana Runge, Madeleine Ryan, Sawyer Willey

HELLO

Level 4 Jazz

INSTRUCTOR: RYAN RAMSAY

Raven Blondeau, Roisin Brennan, Genevieve Eger, Camryn Ganshorn, Mira Jani, Caeleah McLeod, Cecily Patterson, Aiyana Yowin

THIS IS...

Inter/Senior Hip Hop

INSTRUCTOR: SENYO

Bailey Beauchesne, Sophia Bradbury Parrell, Mike Carteri, Jaiden Hoa, Agenais Jephtas-Crail, Jordyn Milnes, Toren Senyonga

THE BOYS ARE BACK

Level 4 Musical Theatre

INSTRUCTOR: KELSEY HOWATT

Kaydence Degelman, Paige Degelman, Sydney Hershmillier, Teague Johnston, Aven Leibel, Macy McCann, Etta Spinarski, Brianna Tessier

SHAKE

Inter/Senior Tap

INSTRUCTOR: LISA VINDEVOGHEL

Jaiden Hoa, Agenais Jephtas-Crail, Olivia Martuo-McDonnell, Kalli Scherle, Matthew Schermann

THANKS FOR WATCHING! HAVE A GREAT SUMMER!

COMPETITIVE AWARDS

Congratulations to our competitive groups on an amazing season!

GROUP	AWARD
Spring Stars	
Senior Jazz <i>Like a Queen</i>	Adjudicator's Choice
Senior Lyrical <i>Wonders of Now</i>	Most Promising
Invitational Dance Showcase Competition	
Senior Lyrical <i>Wonders of Now</i>	High Mark Lyrical Duo/Trio
Beginner Jazz <i>Another Day of Sun</i>	High Mark Beginner Jazz Group
Beginner Ballet <i>A Magical Escapade</i>	High Mark Beginner Ballet Group
Beginner Tap <i>Nobody But Me</i>	High Mark Beginner Tap Group
Extra Musical Theatre <i>Knights of the Round Table</i>	Outstanding Musical Theatre Group
Intermediate/Senior Hip Hop <i>This is...</i>	Promising Novice Group
Senior Jazz <i>Like a Queen</i>	Adjudicator's Choice
Stars of Tomorrow Dance Festival	
Novice/Intermediate Tap <i>Sunny</i>	Most Promising
Intermediate/Senior Tap <i>Shake</i>	Outstanding Choreography
Preliminary Tap <i>Time For Tea</i>	Most Promising
Beginner Tap <i>Nobody But Me</i>	Most Promising
Preliminary Musical Theatre	Most Promising

<i>Under the Sea</i>	
Beginner Musical Theatre <i>You're The One That I Want</i>	Most Outstanding High Mark Musical Theatre Group 11 & Under
Preliminary Ballet <i>True Love's Kiss</i>	Adjudicator's Choice — Most Expressive Movement
Beginner Ballet <i>A Magical Escapade</i>	Most Promising Adjudicator's Choice — Best Team Spirit
Beginner Jazz <i>Another Day of Sun</i>	Most Outstanding Adjudicator's Choice — Best Technique High Mark Jazz Group 11 & Under
Preliminary Jazz <i>Love Bug</i>	Most Promising Adjudicator's Choice — Best Facial Expressions
Novice Jazz <i>Bom Bom</i>	Adjudicator's Choice — Spicy Moves
Intermediate Lyrical <i>Read All About It</i>	Most Outstanding Adjudicator's Choice — Best Team Spirit
Intermediate Jazz <i>Higher</i>	Adjudicator's Choice — Best Team Spirit

Thank you to all our teachers and staff for all their hard work and dedication! We would like to say a special thank you to Kelsey Howatt, Senyo Akakpo, Jen Fong, Jessica McDonald and our reception team Melissa Bang and Annie Archer who are moving on next season, we wish you all the best!



2021 Summer Programs

Summer fun! Visit our website to learn more about our exciting options to fill your summer, including our signature Tiny Tots camp for preschoolers and all new triple threat programs.

Introducing our 2021-2022 season, With More Love. Join us for a season of more — more dancing, singing, performing, passion, opportunity, and love. Visit saskexpress.com to register.



2021-2022 Season With More Love