



**2025 - 2026**

## **Studio Attire Requirements**

### **Attire & Hair** (Regular classes).

- **Ballet, Tap, Jazz** (Regular classes):

Attire: Dance leotard (any colour), Tights (Any colour)

Hair: Hair MUST be in a low bun.

- **Musical Theatre, Hip Hop** (Regular classes):

Attire: Fitted clothing that allows for easy movement should be worn for additional classes. NO jeans or PJs.

Hair: Hair MUST be in a low ponytail or bun, or braids.

- **Acro** (Regular classes):

Attire: Dance leotard, sports bra & bike shorts, Footless Tights

Hair: Hair MUST be in a low ponytail or bun, or braids.

- **Male-identifying & Non-Binary** (Regular classes):

Attire: Slim-fitting t-shirt and knee-length shorts are acceptable for male-identifying individuals but should be fitted. NO jeans or PJs.

Hair: neatly out of face

No fitness/Apple/smart watches or phones on in class - unless for medical reasons

# TAP:

Female-identifying/ Non - Binary:

- Rec 1, 2, Comp Tap 1,2

Capezio 3800C Mary Jane – CAMEL



- Rec 3, 4, Comp Tap 3, 4, 5: (Higher Heel)

Bloch S0323 – Show Tapper – TAN



- INTERMEDIATE, SENIOR, ADVANCED and Male-identifying:

Capezio or Bloch lace-up split sole shoe



More experienced (Jason Samuel Smith Performance Tap – BLACK S0313)



\*\*Students requesting alternatives, please see the director to discuss.

## Jazz, Lyrical and Musical Theatre:

# BALLET

Female-identifying/Non - Binary: BALLET

- Rec 1, 2, Comp 1,2

Bloch S0205 Leather full sole slipper – PINK (or to suit skin tone)

Black low heel character shoe



- Rec 3,4, Comp Ballet 3,4,5,6, Inter foundation, Intermediate, Advanced

Rec 3, 4, Comp 3, 4, 5, 6, Capezio or Bloch Ballet shoe – PINK (or to suit skin tone)

Comp Ballet 3,4 Black High heel (Cuban heel) character shoes



Female identifying/Non - Binary:

Bloch LEATHER Jazz shoes - Tan colour



Male identifying/ Non - Binary:

Bloch Leather Jazz Shoe - Black Colour



More experienced Lyrical and Contemporary dancers:

Turning shoes - Skin Colour



Comp Ballet 5, 6 Ballet shoes like above and point shoes: No specific make. Try on every style and chose the best fit (preferably NOT Gaynor Minden)



All male identifying/non-binary dancers:

Black Leather ballet shoes

Black Jazz shoes for character shoes

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## Acro:

No shoes - stirrup Tights

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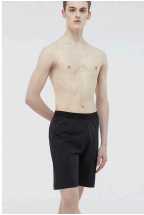

## Hip Hop:

All dancers - Indoor runners or Jazz shoes for regular classes: Colour and style will be determined during costuming




# Exam Attire

NO Jewelry, underwear (unless discreet), nail polish, etc. No heavy makeup up, Natural only.

## Ballet

All Long Hair	High flat Ballet Bun - No Part. All hair Gelled back
Ballet Grade 1, 2	Black Spaghetti strap bodysuit, Ballet Pink tights, clean well fitted ballet shoes and low heel character shoes
Ballet Grade 3, 4, 5	Black Spaghetti strap bodysuit, Ballet Pink tights, clean well fitted ballet shoes and high heel character shoes (Cuban Heel)
Ballet Grade 6, 7, 8	Navy Blue Spaghetti strap bodysuit, Navy Blue long Chiffon skirt, Ballet Pink tights, clean well fitted ballet shoes and high heel character shoes (Cuban Heel)
Vocational exams Female/ Non-binary exams	Black Spaghetti strap bodysuit, Ballet Pink tights, clean well fitted ballet shoes and well fitted broken in point shoes
Vocational exams Male/Non - Binary exams	Black dance tights, dancers belt, white dance shirt, black shoes
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# Jazz and Tap

All Long Hair	Mid-Height flat Ballet Bun - with part. All hair Gelled back
Female/ non-binary	Black Spaghetti strap bodysuit, Tan shoes and tan tights
Male/Non-Binary	White T-shirt and black shorts, Black Jazz shoes
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Stores:

- Dancer’s Den: 1630 Albert street, Regina, SK S4P 2S6 (Hours 10:00am - 4:00pm. Monday to Friday)
  - All About Dance 318 University Park Dr, Regina, S4V 0Y8 (Hours: 12:00pm - 5:30pm, Tuesday to Friday or 10:00am - 4:30pm on Saturdays)
  - Brands: Mordor, Balera, Capezio
  - Ballet tight colour: Classic Pink
  - Jazz and Tap: Suntan.
  - Ballet tights can be worn in all regular classes to practise.
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